

EXCELLENCE

ek-suh-luh ns

(an outstanding feature; something in which someone or something excels)



"We are what we repeatedly do. Excellence then, is not an act, but a habit."

Aristotle

Excellence is the desire to strive for quality in everything that we do.

Excellence is having a profound sense of pride in every undertaking no matter how insignificant it may appear.

Excellence is not dependant upon perfection; however, it is attained by using your abilities and opportunities to their fullest.

Excellence is all about balance, as great achievements in one area of life will never justify failure in others.

Excellence is a journey that takes constant awareness and effort; it is not a destination.

Shihan Cyr



FOREVER STRONG.