

AMA ONLINE

Effective
January 3, 2017

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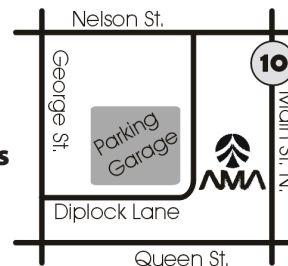


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BRAMPTON CENTRAL



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AMADOJO.COM

KARATE

makes everything better

THE ACADEMY OF MARTIAL ARTS

Brampton Central

905.450.9925

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| Monday | |
|---------------------------------------|------------------------------------|
| Lower Dojo | Upper Dojo |
| | 5:00-5:50 p.m. |
| 5:15-6:05 p.m. Teen Green/Purple | 8-10 Beginner |
| | 6:00-6:50 p.m. |
| 6:15-7:05 p.m. Under 21 Black Belt | Teen Blue/Brown |
| | 7:00-7:50 p.m. Adult Blue/Brown |
| | 8:00 p.m. Nidan+ Black Belt |

| Tuesday | |
|--------------------------------------|------------------------------------|
| Lower Dojo | Upper Dojo |
| | 5:00-5:50 p.m. |
| 5:15-6:05 p.m. 5-7 Kids | Private Group |
| | 6:00-6:50 p.m. |
| 6:15-7:05 p.m. 11-13 Beginner | Youth Red/Purple |
| | 7:00-7:50 p.m. Black Belt Open |
| 7:15-8:05 p.m. Teen Green/Purple | |
| | 8:00-9:05 p.m. Adult Blue/Brown |
| 8:15-9:05 p.m. Adult Green/Purple | |

| Wednesday | |
|------------------------------------|-------------------------------------|
| Lower Dojo | Upper Dojo |
| | 5:00-5:50 p.m. |
| 5:15-6:05 p.m. Youth Red/Purple | Teen Blue/Brown |
| | 6:00-6:50 p.m. |
| 6:15-7:05 p.m. 8-10 Beginner | 5-7 Kids |
| | 7:00-7:50 p.m. Black Belt Open |
| 7:15-8:05 p.m. Adult Blue/Brown | |
| | 8:00-9:05 p.m. Nidan+ Black Belt |
| 8:15-9:05 p.m. Adult Tai Chi | |

| Thursday | |
|--------------------------------------|---------------------|
| Lower Dojo | Upper Dojo |
| | 5:00-5:50 p.m. |
| 5:15-6:05 p.m. Youth Red/Purple | Under 21 Black Belt |
| | 6:00 p.m. |
| 6:15-7:05 p.m. Adult Blue/Brown | BBC 8-10 |
| | 7:00 p.m. |
| 7:15-8:05 p.m. Adult Green/Purple | BBC 11-13 |
| | 8:00 p.m. |
| 8:15-9:05 p.m. Black Belt Kata | BBC 14+ |

| Friday | |
|---------------------------------------|--------------------------------|
| Lower Dojo | Upper Dojo |
| | 5:00-5:50 p.m. |
| 5:15-6:05 p.m. 11-13 Beginner | Black Belt Prep (Invitational) |
| | 6:00-6:50 p.m. |
| 6:15-7:05 p.m. 8-10 Beginner | 5-7 Kids |
| | 7:00-7:50 p.m. |
| 7:15-8:05 p.m. Teen Green/Purple | Youth Red/Purple |
| | 8:00 p.m. |
| 8:15-9:05 p.m. Under 21 Black Belt | Teen Blue/Brown |

| Saturday | |
|-------------------------------------|----------------------|
| Lower Dojo | Upper Dojo |
| | 8:30-9:20 a.m. |
| 9:30-10:20 a.m. 5-7 Kids | Adult Tai Chi |
| | 9:30-10:30 a.m. |
| 10:30-11:20 a.m. 8-10 Beginner | Seminar |
| | 10:45-11:35 a.m. |
| 11:30-12:20 p.m. 11-13 Beginner | Adult Blue/Brown |
| | 11:45-12:45 p.m. |
| 12:30-1:20 p.m. Youth Red/Purple | Teen Blue/Brown |
| | 1:00 p.m. Grading |



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